



**UNIVERSITY OF THE PHILIPPINES  
BAGUIO**

Governor Pack Road, Baguio City 2600



**College of Science**

Telefax: (074)442-7231

Email: cs.upbaguio@up.edu.ph

## **CURRICULUM VITAE**

**Ms. Claire Irish C. Balay-as**

Email address: ccbalayas@up.edu.ph

Contact Number: +63 9461937984

Research Interest/Discipline: **Indigenous Studies,**

**Education Pedagogy, Sports Pedagogy**

PRC License Number: 1550749



### Educational Background

Duration: August 2019 - July 2023  
Degree: Masters of Science in Physical Education and Sports  
University: Saint Louis University Baguio City  
Thesis Title: "Understanding the Challenges and Intervention Strategies of Physical Education Teachers in Assessing Students Learning in the Online Modality"  
Awards and Distinction Received: SLU SY-2023-2024 Gawad San Luis Award

Duration: August 2012 - December 2016  
Degree: Bachelor of Secondary Education Major in Music, Arts, Physical Education and Health  
University: Saint Louis University Baguio City  
Thesis Title: "Learning Styles of the Students in Bachelor of Secondary Education"

### Work Experience

Duration: February 2024 - present  
Position/Designation: Instructor  
Employer: University of the Philippines Baguio

Duration: August 2019 - December 2023  
Position/Designation: Instructor  
Employer: Saint Louis University

Duration: June 2017 – May 2019  
Position/Designation: Classroom Teacher  
Employer: Baguio City Science Foundation

Other Designations/Committees while Affiliated with UP Baguio

-None

Research Projects/ Research Involvements/Patents

**Duration**

January 2022 – July 2023

**Research Involvement**

Understanding the Challenges and Intervention Strategies of Physical Education Teachers in Assessing Students Learning in the Online Modality  
Position: Researcher  
Funding agency:

**Duration**

April 2023 – April 2023

**Research Involvement**

Title: Boosts and Setbacks of Implementing Indigenous Filipino Games: Perspectives from Curriculum's Stakeholders  
Position: Researcher  
Funding agency:

**Duration**

June 2018 – November 2018

**Research Involvement**

Title: Benefits of "Allutang" from the Kankana-ey Tribe  
Position: Research Project Coach  
Funding agency: Wyeth Philippines

**Duration**

June 2017 – November 2017

**Research Involvement**

Title: Pine needles as a substitute for naphthalene balls  
Position: Research Project Coach  
Funding agency: Wyeth Philippines

List of Publications (Books, Journals, Proceedings, etc.)

**Articles**

1. Balay-as, C. I. C, Pelila, J. R. O, & Busbus, S. O. (2023). Boosts and Setbacks of Implementing Indigenous Filipino Games: Perspectives from Curriculum's Stakeholders. *International Journal of Physical Education, Fitness and Sports*, 12(3).

Research Presentations in Conferences

-None

Creative Works (if applicable)

-None

## Public Service

- None

## Membership in a National/International Organizations

| <b>Date/s</b>        | <b>Organization Details</b>                                                                                      |
|----------------------|------------------------------------------------------------------------------------------------------------------|
| August 2020- Present | Member, International Organization for Health, Sports, and Kinesiology                                           |
| July 2023-Present    | Reviewer, International Research Reviewer for the International Journal of Physical Education Fitness and Sports |
| August 2022-Present  | Member, Philippine Association for Teacher Education (PAFTE)                                                     |

## Professional Development: Participation in Conferences/Trainings

| <b>Date</b>                         | <b>Conference and Venue</b>                                                                                              |
|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| <b>National</b><br>March 13, 2018   | Coaches Clinic of Jr. NBA 2018 Philippines-Jr NBA                                                                        |
| <b>Local</b><br>January 17-19, 2022 | Swimming with a theme: "Transforming Together through Physical Fitness: Post pandemic And Beyond"-Saint Louis University |
| January 17-19, 2022                 | Wall Climbing with a theme: "Transforming Together Through Physical Fitness: Post pandemic And Beyond"                   |
| August 9, 2022                      | Orientation on Google Workspace solutions for Hyflex Learning-Saint Louis University                                     |
| August 3, 2022                      | Orientation and Training on Hyflex Learning Guidelines and Implementation -Saint Louis University                        |
| August 19, 2022                     | Enhancing Physical fitness through Aquatics                                                                              |
| January 18, 2022                    | Enhancing Physical fitness through combative sports: Taekwondo                                                           |
| January 18, 2022                    | Enhancing Physical fitness through combative sports: Arnis                                                               |
| January 17, 2022                    | Enhancing Physical fitness through combative sports: Karate-do                                                           |
| July 23, 2022                       | Reshaping Dance Sport: Opportunities and Challenges in the virtual Platform 1PhysEd.PH                                   |

|                      |                                                                                                                                                         |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| July 26, 2022        | The Basics of Exercise Science and Healthy Behaviors and Wellness with a Theme: "Transforming Together Through Physical Fitness"-Saint Louis University |
| July 27, 2022        | Wall Climbing with a theme:<br>"Transforming Together Through Physical Fitness-Saint Louis University                                                   |
| July 28, 2022        | Judo with a theme: "Transforming Together Through Physical Fitness-Saint Louis University                                                               |
| July 29, 2022        | Swimming with a theme:<br>"Transforming Together Through Physical Fitness-Saint Louis University                                                        |
| October 5, 2021      | Choosing the right journals for your articles Saint Louis University                                                                                    |
| August 27 2021       | "Continuing Professional Development Updates During the Covid-19 Pandemic and CPDAS Enhancement"-PRC                                                    |
| May 26, 28, 30, 2020 | Distance Learning Education Materials Devt. Training – Workshop-Saint Louis University                                                                  |
| March 12, 2020       | Instructional Development Training Workshop-Saint Louis University                                                                                      |
| Sept. 18-20, 2019    | Introduction to Wall Climbing and Facility Management – Saint Louis University                                                                          |
| July 30-31, 2019     | Basic Learn To Swim Program –Saint Louis University                                                                                                     |